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Supporting people with disabilities to regain, retain or extend their independence.
What is the Independent Living Training Centre- ILTC?

The ILTC is an Independent Living Skills support program designed for people with disabilities to regain, retain or extend their Independent Living Skills. The ILTC program assists with understanding your rights and responsibilities when living with friends or, if preferred, on your own.

Our enthusiastic staff, promote people with disabilities to live independently in the community by offering training and knowledge where it is identified that it is required the most—this may include cooking, cleaning, shopping, personal hygiene, banking/budgeting skills, accessing public transport.

We provide the tools required to learn or experience what is necessary to achieve your own Independent living goals.

Who can access the ILTC?

Individuals from 15 years of age with a registered disability are eligible.

Getting Started

All NEW referrals for ILSS are received by Intake coordinator who can be contacted on (03) 5022 1741 or via email srs@srsinc.com.au

The Intake Coordinator will visit you at your home, your family’s home, or at SRS to discuss your life plan and goals. They can also discuss other types of support available, both through SRS and other service, so you and/or your family can make an informed decision about the type of service required.

Our Intake Co-coordinator will build with you, the necessary documents outlining exactly how SRS can support the growth and training your family/carers are seeking.

These forms assist SRS staff in getting to know you and assist with:

- Identifying goal and setting timeframes;
- Understanding your cultural, religious and personal values;
- Knowing the best ways to communicate and or learning how you like to communicate;
- Awareness about your health and wellbeing needs;
- What you do during the day;
- And the things you enjoy doing and how you like to travel around Mildura.
ILTC Service Objectives

To provide a service based on the model of Empowerment and Independence for all clients whilst still meeting the needs of the individual with a disability by providing educational activities and encouraging Independence through the sharing of knowledge and training.

To work with the client to plan and develop personal-based ‘achievable’ goals which include open communication with all services to ensure consistency, choice and flexibility are provided.

To provide a sound base of knowledge and skills required for future independent living of our people with disabilities

How often does service occur?

ILTC is designed to suit the resident and therefore the support they receive can be daily, weekly and or monthly. The service can have set roster hours; flexible drop in hours; or remote support being phone contact. Every day of the week support can occur except public holidays, additional fees may apply.

Transport

Travel training is included within the ILTC program.

Being able to utilise public transport such as taxis and buses is a handy skill to have, however we understand that time waiting and/or when you have an important appointment to attend, they may not be the best option.

Fees and Charges

The ILTC program is individually assessed and designed by our Intake Co-coordinator. Any costs involved with the program will be discussed with you during the intake process. During this time, the SRS Intake coordinator can assist in any questions you may have regarding access to funding or any additional services that may be of assistance.
Assessments

To ensure that adequate support levels and all necessary equipment is in place, SRS will complete annual life skills assessments that identify changes in your needs and risks.

The assessment is to ensure that we will provide quality support that suits your need/s. It will also assist the staff at SRS to ensure they have adequate training and supports to work with you. This assessment will be repeated at least every 12 months or more often if individual needs change.

Evaluation and feedback on SRS services is always welcomed and appreciated. Additionally, you may be asked to complete an evaluation sheet to assist SRS with delivering quality programs.

For Further Information; please call Sunraysia Residential Services-